

Canning/ Freezing Diabetic Friendly Foods

- Screening
- Information available
- Lunch; Wonder Soup

Please RSVP so that we insure there is enough supplies and food. Please bring your own apron.

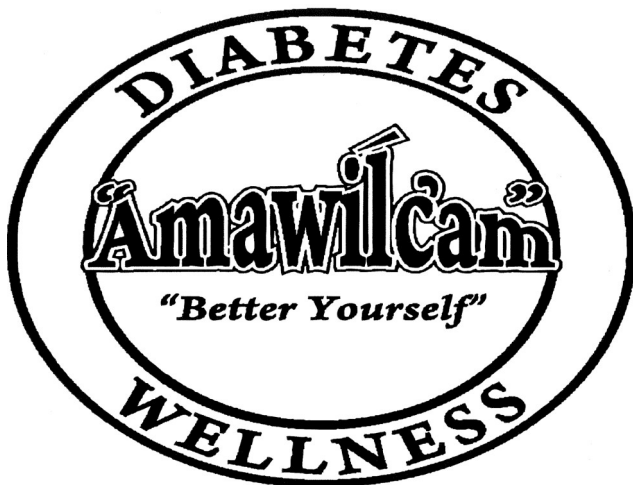
Bring in more of your favorite recipes to enter into grand prize for a Food Processor-Drawn at the end of the day.

Date: Wednesday, Sept. 24/14

Where: P'egp'ig'lha Centre
T'it'q'et

Time: 9am-3pm

Quarterly Diabetes



Everyone Welcome

Contact

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